

# Resident Resource Guide

During this uncertain time with the COVID-19 pandemic we understand you and your family may have many concerns and questions. Our goal at Peabody Resident Services is to keep you informed as helpful information and resources become available and for your at-home wellbeing and comfort.

This Resident Resource Guide lists contact information and links to local food distribution “grab and go” centers, school-based breakfast and lunch programs for children, senior services, emergency childcare, state unemployment applications, emergency funds, and more. Peabody Resident Services will be updating this document on a regular basis as the situation changes and posting it on the Peabody website under our COVID-19 Response to Residents.

If you or any member of your household may need individual referral assistance, we encourage you reach out to your on-site Management Office, Resident Service Coordinator, or GAFC Case Manager directly. As a reminder, please contact your Primary Healthcare Provider or 911 immediately for any medical needs as Peabody is not a healthcare provider.

Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>ABCD Dorchester NSC</b>	<a href="https://bostonabcd.org/location/dorchester-neighborhood-service-center/">https://bostonabcd.org/location/dorchester-neighborhood-service-center/</a>	Boston	617-288-2700	Food / Meals	
<b>ABCD Jamaica Plain/APAC</b>	<a href="https://bostonabcd.org/">https://bostonabcd.org/</a>	Boston	617-445-6000	Food / Meals; Financial; Housing	Due to Coronavirus Call ahead to schedule an appointment
<b>About Fresh</b>	<a href="https://www.aboutfresh.org/fresh-truck-box-program-overview/">https://www.aboutfresh.org/fresh-truck-box-program-overview/</a>	Boston	(617) 297-7685	Food / Meals	<p>Because our capacity for door-to-door deliveries of Fresh Boxes is limited we are prioritizing deliveries for Boston households that:</p> <ul style="list-style-type: none"> <li>-Are homebound either due to illness, disability or quarantine and do not have friends/family that can bring food</li> <li>-Have been relying on the emergency food system and the food pantry or meal program they visit has been closed</li> <li>-Have lost their job or part of their income and cannot afford groceries at this time</li> <li>-Are at high risk for coronavirus and do not have access to a regular food source</li> </ul> <p>If your household meets any of these criteria and you would like to inquire about receiving a Fresh Box please email the Office of Food access at <a href="mailto:food@boston.gov">food@boston.gov</a>.</p>

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<b>BOSCOVID</b>	<a href="http://boston.gov/covid19foodmap">http://boston.gov/covid19foodmap</a>	Boston	617-635-3717	Food / Meals	Six meal sites in the City of Boston are now serving adults, in addition to children and youth, Monday thru Friday. YMCA at Eggleston Square, Roxbury; YMCA at Oak Square, Brighton; YMCA on Bremen Street, East Boston are open 8AM to 12PM. BCYF Leahy Holloran, Dorchester; BCYF Mattahunt, Mattapan are open 9AM to 12PM. The Mary Ellen McCormack in South Boston is open 10AM - 12PM
<b>Boston Elder Info</b>	<a href="https://elderinfo.org/">https://elderinfo.org/</a>	Boston	617-292-6211	Food / Meals	Residents 60 years of age and older. Meals on Wheels offers 5 hot, 2 frozen. If more is needed let Boston Elder Info know.
<b>Boston Police E13</b>	<a href="https://bpdnews.com/district-e-13">https://bpdnews.com/district-e-13</a>	Boston	617) 343-5623	Emergency Services (Fire, Police, etc.)	
<b>Boston Public Health Commission (BPHC)</b>	<a href="https://www.bphc.org/">https://www.bphc.org/</a>	Boston	617-534-5395	Health / Medical; Emergency Services (Fire, Police, etc.); Housing	BPHC is an independent public agency providing a wide range of health services and programs. The Commission's more than 40 programs are grouped into six bureaus: Child, Adolescent & Family Health; Community Health Initiatives; Homeless Services; Infectious Disease; Recovery Services; and Emergency Medical Services.
<b>Boston Public Schools: Free Breakfast and Lunch Locations</b>	<a href="https://www.bostonpublicschools.org/Page/8098">https://www.bostonpublicschools.org/Page/8098</a>	Boston	617-635-9000	Food / Meals	The link includes a city-wide list of meal sites
<b>Boston Resiliency Fund</b>	<a href="https://www.boston.gov/departments/treasury/boston-resiliency-fund">https://www.boston.gov/departments/treasury/boston-resiliency-fund</a>	Boston	617-635-4500	Food / Meals; Financial; Housing; Health / Medical; Other	The Boston Resiliency Fund is the City of Boston's effort to help coordinate fundraising and philanthropic efforts to provide essential services to Boston residents whose health and well-being are most immediately impacted by the coronavirus pandemic.
<b>Bread of Life</b>		Boston	781-397-0404	Food / Meals	
<b>Chelsea Collaborative</b>		Boston	617-889-6080	Housing	If you need help with rent or eviction, call the Chelsea Collaborative at 617-724-7000

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<b>Chelsea Salvation Army</b>		Boston	617-884-0260	Food / Meals	To register for the brown bag grocery program please call 617-466-4370 Brown Bag Grocery Pick Up Monday, Tuesday, Thursday Wednesdays please drop by to just pick up fruit and vegetables. If you are unable to pick up your bag please contact the Chelsea Senior Center to have a bag delivered to your door (617-466-4370)  Pick Up & Go lunch is available at 12:00 for all (no registration is required for this)
<b>Chelsea Senior Center</b>		Boston	617-466-4377	Food / Meals	Brown Bag Grocery Bag can be delivered to your door in Chelsea, if you need additional food it can be delivered to your door as well.
<b>City Life/Vida Urbana's Housing Hotline</b>		Boston	617- 934-5006	Housing	If you are worried about eviction. Additional phone # (617) 397-3773 (Español)
<b>Codman Square Food Pantry</b>	<a href="http://www.codman.org/services/food_pantry.html">http://www.codman.org/services/food_pantry.html</a>	Boston	617-825-9660	Food / Meals	The Codman Square Food Pantry is now open Tuesdays, 8am – 11am at Greenwood Church, 378a Washington Street, Dorchester, MA 02124.  The Food Pantry is located 0.6 miles up Washington Street from the main location of the Health Center.  Food is available to patrons to be picked up once a month. All participants must bring proof of address and an official form of identification.
<b>Community Servings</b>	<a href="https://www.servings.org/">https://www.servings.org/</a>	Boston	617-204-3853	Food / Meals	Provides home delivered meals and can bring bags of food to folks Under 60 who are sick and home bound. (During COVID-19, may not be able to accept new clients based on resources.)
<b>Cornucopia (meal delivery- Melrose)</b>	<a href="http://www.cornufoods.com">http://www.cornufoods.com</a>	Boston	781-321-0564	Food / Meals	
<b>Covia Virtual Senior Center</b>	<a href="http://www.covia.org">http://www.covia.org</a>	Boston	925-956-7400	Social Isolation	Virtual Senior Center resources include "Well Connected" and "Social Calls"

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<b>Covid testing sites- Boston</b>	<a href="https://www.boston.gov/departments/public-health-commission/map-covid-19-testing-sites">https://www.boston.gov/departments/public-health-commission/map-covid-19-testing-sites</a>	Boston		Health / Medical	Map of Covid-19 testing sites in Boston
<b>Dorchester House</b>	<a href="http://www.dorchesterhouse.org/">http://www.dorchesterhouse.org/</a>	Boston	617-288-3230	Food / Meals; Health / Medical	
<b>ESAC</b>	<a href="https://www.esacboston.org/benefits-enrollment-center">https://www.esacboston.org/benefits-enrollment-center</a>	Boston	617-524-2555	Health / Medical; Food / Meals; Housing	
<b>Ethos</b>	<a href="https://www.ethocare.org/">https://www.ethocare.org/</a>	Boston	617.522.6700	Food / Meals; Health / Medical; Social Isolation; Other	
<b>Food Access</b>	<a href="https://food@boston.gov">https://food@boston.gov</a>	Boston	617-635-3717	Food / Meals	
<b>Friendship Works</b>	<a href="http://www.fw4elders.org/">http://www.fw4elders.org/</a>	Boston		Food / Meals; Social Isolation; Other	<p>For elders engaged in Friendly Visiting, we are also currently still operating our Friendly Helping program to help with groceries and other basic necessities. This program kicks in when all other options have been exhausted so that no elder falls through the cracks. We are also still available to elders for any absolutely essential medical escorts. We will confirm with the doctor's office and the elder to ensure that the appointment is necessary given the risk of exposure.</p> <p>Referring an elder can be done in several ways:</p> <ul style="list-style-type: none"> <li>· Fill out the referral form on our website <a href="https://www.fw4elders.org/front-page/make-a-referral/">https://www.fw4elders.org/front-page/make-a-referral/</a></li> <li>· Leave a message at 617-482-1510 ext. 201</li> <li>· Call the neighborhood Coordinator directly. See <a href="https://www.fw4elders.org/about-us/contact-us/">https://www.fw4elders.org/about-us/contact-us/</a> Our coordinator for Brookline is Kara Jeter, who can be reached at <a href="mailto:kjeter@fw4elders.org">kjeter@fw4elders.org</a> or 617-823-7050.</li> </ul> <p>All voicemails are checked regularly.</p>

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Friendshipworks	<a href="https://www.fw4elders.org/">https://www.fw4elders.org/</a>	Boston	617-482-1510	Social Isolation	call to start services
Good Samaritan HopeLine		Boston	877-870-HOPE	Other; Social Isolation; Health / Medical	
Grab and Go Meals for Elders	<a href="https://www.ethocare.org/coronavirus-covid-19-response-community-cafe-open-and-closure-status/">https://www.ethocare.org/coronavirus-covid-19-response-community-cafe-open-and-closure-status/</a>	Boston	617-522-6700	Food / Meals	<p>As a precaution to help prevent the spread of coronavirus (covid-19) among older adults, many of the venues that host our cafes have decided to close their facilities or, cancel or curtail activities. Others have been requested closed to by order of the state.</p> <p>As a result, Ethos will not be able to serve meals at those locations for the foreseeable future however, older adults may still visit many Community Cafe sites and pick up a "Grab &amp; Go" meal, to be consumed where they wish.</p> <p>Below is a list of our Community Cafe sites and their current status. While most community cafes are open from 10:00 am-1:00 pm, meals are generally available for pick up from 11:30 a.m. to 12:30 p.m.</p> <p>In the meantime, we wanted to let you know that some older adults may qualify to receive home delivered meals. If you, or someone you know, is 60 or older, and is interested in receiving meals on wheels, please call 617-477-6606 or visit <a href="http://www.ethocare.org">www.ethocare.org</a>.</p>
Greater Boston Legal Services	<a href="https://www.gbls.org">https://www.gbls.org</a>	Boston	617-742-9179	Housing; Other	Free legal assistance and representation on civil (non-criminal) matters for residents of Boston and 31 surrounding towns and cities.
Haley House Soup Kitchen	<a href="http://haleyhouse.org/">http://haleyhouse.org/</a>	Boston	617) 236-8132	Food / Meals	<p>Haley House Soup Kitchen (23 Dartmouth Street, South End) has a COVID-19 Response Schedule:</p> <p>Breakfast: M-F 7-9 am Brunch: Sunday 11am-2pm</p> <p>Elder Meal: Tu - Thur: 1-3 pm</p> <p>* All meals will be TAKE-OUT</p>

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<b>JPNDC</b>	<a href="https://jpndc.org/economic-prosperity/">https://jpndc.org/economic-prosperity/</a>	Boston	617-522-2424	Financial; Housing; Social Isolation	Leaders in creating affordable homes in Jamaica Plain and providing economic prosperity services to people from all over Boston.  Due to Covid19 offices are closed however please call ahead to check for services.
<b>Kit Clark Senior Pantry</b>		Boston	617-825-5000	Food / Meals	
<b>Map of Meal Sites For Children and Youth</b>	<a href="https://www.boston.gov/departments/food-access/map-meal-sites-boston">https://www.boston.gov/departments/food-access/map-meal-sites-boston</a>	Boston		Food / Meals	
<b>Massachusetts Nonprofit Network</b>	<a href="http://massnonprofitnetwork.org/nonprofit-resources/coronavirus-massachusetts-nonprofits/">http://massnonprofitnetwork.org/nonprofit-resources/coronavirus-massachusetts-nonprofits/</a>	Boston	617.330.1188	Food / Meals	Multiple Coronavirus and Massachusetts Nonprofits
<b>MassHire Boston Career Center</b>	<a href="https://www.masshirebostoncareerctr.org/">https://www.masshirebostoncareerctr.org/</a>	Boston	617-541-1400	Other; Financial	
<b>Morgan Memorial Goodwill Industries Inc</b>	<a href="https://www.goodwillmass.org/">https://www.goodwillmass.org/</a>	Boston	617-445-1010	Financial; Food / Meals; Other	
<b>Optum Emotional Support Helpline</b>		Boston	866-342-6892	Health / Medical; Other	24/7 Emotional Support Helpline
<b>Parenting Journey Emergency Fund</b>	<a href="https://parentingjourney.org/it-takes-a-village-emergency-fund/">https://parentingjourney.org/it-takes-a-village-emergency-fund/</a>	Boston		Financial	Make a request to Parenting Journey's It Takes a Village Emergency Fund. Families are struggling to make ends meet. Parents and families in the PJ community: You can request a stipend to help ease some the financial burdens you are experiencing during these unprecedented times. This money will be delivered in the form of an online gift card.
<b>Peoples Baptist Church</b>		Boston	617-522-2529	Food / Meals	

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<b>Pet Food Resources</b>		Boston	617-524-5690	Other	The Massachusetts Society for the Prevention of Cruelty to Animals (MSPCA) can assist by delivering pet food to any food pantries that are already existing, if possible. Individuals with urgent needs for their pets are welcome to contact directly. (Contact: Alyssa Krieger, akrieger@mspca.org Community Outreach Coordinator, MSPCA Boston/617-524-5690)
<b>Rental Relief Fund- Boston</b>	<a href="https://www.boston.gov/departments/neighborhood-development/office-housing-stability/rental-relief-fund">https://www.boston.gov/departments/neighborhood-development/office-housing-stability/rental-relief-fund</a>	Boston		Financial	For Boston residents who do not have access to expanded unemployment benefits, or because of the nature of their jobs, the unemployment benefits they will receive represent a significant reduction in their actual income. The City is helping tenants achieve housing stability by using these funds to assist with their rental payments.
<b>School Facts Boston</b>	<a href="https://schoolfactsboston.org/">https://schoolfactsboston.org/</a>	Boston		Other	Provides resources to help families navigate this challenging time.
<b>Small Business Relief Fund</b>	<a href="https://www.boston.gov/departments/economic-development/small-business-relief-fund">https://www.boston.gov/departments/economic-development/small-business-relief-fund</a>	Boston		Financial	
<b>South Boston Neighborhood Aid Network</b>	<a href="https://bit.ly/3d8w53n">https://bit.ly/3d8w53n</a>	Boston	617-286-2463	Food / Meals; Financial; Housing; Health / Medical; Other	South Boston Neighborhood Aid Network was recently formed by South Boston non-profit group. It's a centralized place for individuals, families, service providers and others to share and find information.
<b>St. Katharine Drexel Parish Church</b>	<a href="https://stkdparish.org/">https://stkdparish.org/</a>	Boston	617-445-8915	Food / Meals	
<b>St. Lukes Chelsea</b>		Boston		Food / Meals	Soup kitchen every Saturday between 9AM and 12PM open to all. St. Lukes is located at 201 Washington Ave
<b>Text "BOSCOVID" to 99411</b>		Boston		Other	The City of Boston has launched a free texting service to receive daily updates about Coronavirus.

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<b>Things to Do with Kids- Boston Central</b>	<a href="https://www.bostoncentral.com/index.php">https://www.bostoncentral.com/index.php</a>	Boston		Other	Virtual activity resources for families.
<b>Tree of Life</b>		Boston	617-522-0430	Food / Meals	
<b>Twelfth Baptist Church</b>	<a href="https://www.tbcboston.org/contact-information/">https://www.tbcboston.org/contact-information/</a>	Boston	617 442-7855	Food / Meals	
<b>Union Capital Boston #USBCOVIDFUND</b>	<a href="https://docs.google.com/forms/d/e/1FAIpQLScolROjCAZrjNOxacVg0CBafKSMpQ7wY2eVZsA9QmB8_zTlg/viiewform">https://docs.google.com/forms/d/e/1FAIpQLScolROjCAZrjNOxacVg0CBafKSMpQ7wY2eVZsA9QmB8_zTlg/viiewform</a>	Boston		Financial	Providing \$150 gift cards to those in need due to lost wages etc during Covid-19. The link under the website takes you to the Google form. If you would like more information about Union Capital Boston, please visit: unioncapitalboston.org
<b>Whittier Street Health Center COVID19 testing</b>	<a href="http://www.wshc.org/">http://www.wshc.org/</a>	Boston		Other	Effective April 13th, 2020, we will be providing testing for COVID19. It will be a drive-thru testing for Whittier and non-Whittier patients. You will need to show proof of identity including date of birth. • We will accept walk-ins and scheduled patients must be at least 18 years of age. There is no charge to you. The testing hours will be : Monday to Friday from 9 AM to 5 PM and Saturday from 9 AM to 4 PM
<b>Cambridge Health Alliance</b>	<a href="https://www.somerville.ma.gov/COVID19Testing">https://www.somerville.ma.gov/COVID19Testing</a>	Boston; Northeast		Health / Medical	CHA providing COVID-19 testing Testing will be conducted in a tent located at the Crown Street parking lot adjacent to Somerville Hospital (33 Tower St.) Testing is scheduled to begin on March 18 and will be provided seven days a week, from 9 a.m. to 3 p.m. ONLY current CHA primary care patients can currently be tested at this location Patients MUST CALL their primary care provider to be screened; tests will not be provided without prior authorization
<b>The Greater Boston Food Bank</b>	<a href="https://www.gbfb.org/nfeed-food">https://www.gbfb.org/nfeed-food</a>	Boston; Northeast	617-427-5200	Food / Meals	70 South Bay Avenue Boston, MA 02118  Office hours: Monday – Friday, 8:00 AM to 4:30 PM



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<b>Casa Myrna</b>	<a href="https://www.casamyrna.org/">https://www.casamyrna.org/</a>	Boston; Southeast	617-521-0100	Financial; Housing	Rental assistance and shelter options for Domestic Violence Survivors.
<b>Marion Institute SouthCoast Food Policy Council (COVID Recovery Source)</b>		Boston; Southeast		Food / Meals	
<b>Massachusetts Coalition for the Homeless</b>	<a href="https://www.mahomeless.org">https://www.mahomeless.org</a>	Boston; Northeast; Metro West		Financial; Housing	Providing rental assistance and eviction info for residents.
<b>RAFT- Metro Housing Boston</b>	<a href="https://www.metrohousingboston.org/what-we-do/specialized-services/raft/">https://www.metrohousingboston.org/what-we-do/specialized-services/raft/</a>	Boston; Northeast; Southeast	617.859.0400	Housing; Financial	RAFT IS NOW AVAILABLE FOR AN EXPANDED POPULATION INCLUDING INDIVIDUALS, FAMILIES WITH OLDER CHILDREN, COUPLES WITHOUT CHILDREN, UNACCOMPANIED YOUTH AND ANY OTHER HOUSEHOLD SIZE. ALL OTHER PROGRAM REGULATIONS AND REQUIREMENTS REMAIN THE SAME. (see website for more details on eligibility and what is needed) To apply: use the pre-application at <a href="https://www.waitlistcheck.com/MA2977-1914">https://www.waitlistcheck.com/MA2977-1914</a>
<b>Metro Housing Boston- Covid-19 updates</b>	<a href="https://www.metrohousingboston.org/coronavirus-updates-regarding-metro-housing-operations/">https://www.metrohousingboston.org/coronavirus-updates-regarding-metro-housing-operations/</a>	Boston; Southeast; Northeast		Housing	Serves 30 communities in MA. Offices closed at least until 3/30/20 with general voicemail boxes offline. If you currently have a rental voucher with Metro Housing, or are a property owner with a Metro Housing tenant, and have questions, please contact the Leased Housing Gateway. <a href="mailto:Gateway@MetroHousingBoston.org">Gateway@MetroHousingBoston.org</a>  If you need general housing advice, supportive services, or financial assistance through RAFT (for issues such as rent arrears or a utility shut off), please contact the Housing Hub. <a href="mailto:ResourceLine@MetroHousingBoston.org">ResourceLine@MetroHousingBoston.org</a>
<b>Salvation Army of MA</b>	<a href="https://massachusetts.salvationarmy.org/">https://massachusetts.salvationarmy.org/</a>	Boston; Northeast; Metro West; Southeast; Central; Western		Health / Medical; Food / Meals; Financial; Housing	Brockton, MA (Food Assistance) - Every Tuesday & Friday from 1 pm-3 pm (ARRIVE EARLY). MUST BRING-Photo ID and Proof of residency. 508-583-1896 x302

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<b>Neighbor Brigade</b>	<a href="https://www.neighborbrigade.org/">https://www.neighborbrigade.org/</a>	Boston; Central; Northeast; Metro West; Southeast		Food / Meals; Other	Volunteer chapters in several MA communities. See website for more information and if there is a local chapter.
<b>HomeBASE Assistance</b>	<a href="https://www.mass.gov/service-details/homebase">https://www.mass.gov/service-details/homebase</a>	Boston; Central; Northeast; Metro West; Southeast; Western	866-584-0653	Food / Meals	At this time residents, who have the need to apply for HomeBASE Assistance should call 1-866-584-0653 to reach the Department of Housing and Community Development (DHCD). All DHCD field offices are closed to the public due to the current COVID-19 Pandemic.
<b>Children's Trust</b>	<a href="https://childrenstrustma.org/for-parents/need-help-now">https://childrenstrustma.org/for-parents/need-help-now</a>	Boston; Central; Western; Northeast; Metro West; Southeast		Emergency Services (Fire, Police, etc.); Other	Parent Resources
<b>Instacart - Groceries Delivered</b>	<a href="https://www.instacart.com/">https://www.instacart.com/</a>	Boston; Central; Western; Northeast; Metro West; Southeast		Food / Meals	Home delivery of online grocery orders. First delivery is free 5% service fee for orders. Minimum fee is \$2.
<b>Unemployment- MA (Spanish)</b>	<a href="https://www.mass.gov/deseempleo">https://www.mass.gov/deseempleo</a>	Boston; Central; Western; Northeast; Metro West; Southeast		Financial	
<b>Behavioral Health Services</b>	<a href="https://massachusetts.networkofcare.org/mh/index.aspx">https://massachusetts.networkofcare.org/mh/index.aspx</a>	Boston; Southeast; Metro West; Northeast; Central; Western		Health / Medical; Emergency Services (Fire, Police, etc.); Social Isolation	Network of Care - Massachusetts
<b>Emergency Shelter</b>	<a href="http://mahomeless.org/advocacy/item/coronavirus">http://mahomeless.org/advocacy/item/coronavirus</a>	Boston; Southeast; Metro West; Northeast; Central; Western	1-866-584-0653	Housing	
<b>Frontline Resources</b>	<a href="https://www.frontlinema.org/">https://www.frontlinema.org/</a>	Boston; Southeast; Metro West; Northeast; Central; Western		Food / Meals; Health / Medical; Social Isolation; Housing; Other	
<b>MBTA</b>	<a href="https://mbta.com/covid19">https://mbta.com/covid19</a>	Boston; Southeast; Metro West; Northeast; Central; Western		Transportation	Use MBTA website to find reduced service information. MBTA The RIDE still operating as usual.
<b>United Way's Mass 2-1-1 statewide consumer hotline</b>	<a href="https://unitedwaymassbay.org/get-involved/covid-19-family-fund">https://unitedwaymassbay.org/get-involved/covid-19-family-fund</a>	Boston; Southeast; Metro West; Northeast; Central; Western	211	Food / Meals; Health / Medical; Financial; Housing; Social	Individuals can dial 2-1-1 for comprehensive information and referrals related to the coronavirus, including information on where they can access flexible funds through the COVID-19 Family Support Fund.

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				Isolation; Emergency Services (Fire, Police, etc.); Other	
<b>Dollar General</b>	<a href="https://www.dollargeneral.com/">https://www.dollargeneral.com/</a>	Boston; Southeast; Metro West; Northeast; Central; Western; Rhode Island; New Jersey		Other	On March 17th, 2020 General Dollar announced that they will be dedicating its first hour before opening to the public to seniors daily.
<b>Project Bread- Meals 4 Kids</b>	<a href="https://meals4kids.org/summer">https://meals4kids.org/summer</a>	Boston; Southeast; Rhode Island; Metro West; Northeast; Western; Central	800-645-8333	Food / Meals	Free meals for kids and teens while schools are closed
<b>National Council on Aging- Covid19 resources and info</b>	<a href="https://www.ncoa.org/covid-19-resources-for-older-adults/">https://www.ncoa.org/covid-19-resources-for-older-adults/</a>	Boston; Western; Central; Metro West; Northeast; Southeast; Rhode Island; New Jersey		Food / Meals; Health / Medical; Financial; Housing; Social Isolation	
<b>AARP of Massachusetts</b>	<a href="https://www.states.aarp.org/massachusetts">https://www.states.aarp.org/massachusetts</a>	Boston; Western; Central; Northeast; Metro West; Southeast	1-866-448-3621	Food / Meals; Health / Medical; Financial; Housing; Social Isolation	News and information important to Bay State residents age 50 and over.
<b>Centers for Disease Control and Prevention</b>	<a href="https://www.cdc.gov/coronavirus/2019-nCoV/">https://www.cdc.gov/coronavirus/2019-nCoV/</a>	Boston; Western; Central; Northeast; Metro West; Southeast	800-232-4636	Health / Medical	
<b>COVID-19: Public Resources</b>	<a href="https://www.empathways.org/covid19resources">https://www.empathways.org/covid19resources</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Health / Medical; Food / Meals; Financial; Housing	Massachusetts-based resources for mentors, participants, and the general public. This page will be continually updated.
<b>CVS - Rx Delivery</b>	<a href="https://www.cvs.com/content/delivery?icid=cvs-home-covid19-banner-Rx-delivery">https://www.cvs.com/content/delivery?icid=cvs-home-covid19-banner-Rx-delivery</a>	Boston; Western; Central; Northeast; Metro West; Southeast	888-300-4419	Health / Medical; Food / Meals	Please call your local store or visit the website for more regarding Rx delivery.  CVS COVID-19 Information Hotline #: 1-888-300-4419
<b>Department of Labor</b>	<a href="https://dol.gov/agencies/whd/fmla/pandemic">https://dol.gov/agencies/whd/fmla/pandemic</a>	Boston; Western; Central; Northeast; Metro West; Southeast	1-866-487-9243	Federal Family and Medical Leave Act (FMLA)	Employers are required to give eligible FMLA workers up to 12 weeks of job-protected (but not necessarily paid) leave if they are sick, including with complications from the flu or similar illness and/or if they need to care for an immediate family member (children, spouse, parents) who are ill.

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Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Department of Transitional Assistance (DTA)</b>	<a href="https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps">https://www.mass.gov/how-to/apply-for-snap-benefits-food-stamps</a>	Boston; Western; Central; Northeast; Metro West; Southeast	1(877)382-2363	Food / Meals; Financial	Due to Coronavirus the Department encourages those to apply on line or call. Offices are currently closed to the public
<b>Disabled Persons Protection Commission</b>	<a href="https://www.mass.gov/orgs/disabled-persons-protection-commission">https://www.mass.gov/orgs/disabled-persons-protection-commission</a>	Boston; Western; Central; Northeast; Metro West; Southeast	1-800-426-9009	Emergency Services (Fire, Police, etc.)	DPPC protects adults with disabilities between the ages of 18 and 59 from the abusive acts or omissions of their caregivers through investigation oversight, public awareness and prevention. For further information or to file a report please call 617-767-6465 M-F, 9-5 or 1-800-426-9009 (24-hour hotline) or 1-888-822-0350 TTY.
<b>EMPath</b>	<a href="https://www.empathways.org/covid19resources">https://www.empathways.org/covid19resources</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Food / Meals; Housing; Financial; Health / Medical; Social Isolation; Other	Massachusetts-based resources for mentors, participants, and the general public. This page will be continually updated.
<b>Exempt Emergency Child Care Locations</b>	<a href="https://eeclead.force.com/resource/1584817665000/EEC_EmergencyProviderList">https://eeclead.force.com/resource/1584817665000/EEC_EmergencyProviderList</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Other	Child care locations for essential and emergency workers
<b>MA Elder Abuse Hotline</b>	<a href="https://www.mass.gov/reporting-elder-abuse">https://www.mass.gov/reporting-elder-abuse</a>	Boston; Western; Central; Northeast; Metro West; Southeast	1-800-922-2275	Food / Meals	Elder Protective Services can investigate cases of abuse of persons age 60 or over and living in Massachusetts. Examples of elder abuse include: physical, sexual, emotional, caretaker neglect, financial exploitation and self-neglect. Elder abuse reports may be filed 24 hours a day online or by phone.
<b>MA Health Connector</b>	<a href="http://mahealthconnector.org/">http://mahealthconnector.org/</a>	Boston; Western; Central; Northeast; Metro West; Southeast	1-800-841-2900	Health / Medical	Uninsured Massachusetts residents can now apply for health insurance through the Health Connector up until April 25th, despite open enrollment closing already. In order to get coverage for April 1st, residents needed to apply and have submitted all documentation by 3/23. English and Spanish
<b>Market Basket</b>	<a href="https://www.shopmarketbasket.com/">https://www.shopmarketbasket.com/</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Food / Meals	5:30 – 7:00 A.M. on Tuesday, Wednesday. Thursday ONLY (Please call local store via website information to confirm).
<b>Mass.gov</b>	<a href="https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19">https://www.mass.gov/resource/information-on-the-outbreak-of-coronavirus-disease-2019-covid-19</a>	Boston; Western; Central; Northeast; Metro West; Southeast	211	Health / Medical	Massachusetts Information and Referral Hotline: Dial 2-1-1- This hotline is available 24 hours a day, 7 days a week. All calls are free and confidential. Interpreter services are available in multiple languages.

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<b>Meals on Wheels</b>	<a href="https://www.mealsonwheelsamerica.org/find-meals">https://www.mealsonwheelsamerica.org/find-meals</a>	Boston; Western; Central; Northeast; Metro West; Southeast	1-888-998-6325	Food / Meals	Please visit the website or call to reach out to your local Meals on Wheels service. Elder Services of The Merrimack Valley - 1-800-892-0890 Greater Springfield Senior Services - 413-781-2135. Lakeville Council on Aging - 508-947-7224. Middleboro Council on Aging at 508-946-2490
<b>MEMA Covid-19 resources</b>	<a href="https://memamaps.maps.arcgis.com/apps/webappviewer/index.html?id=5867d881a9324121839605c56a3d7cc9">https://memamaps.maps.arcgis.com/apps/webappviewer/index.html?id=5867d881a9324121839605c56a3d7cc9</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Food / Meals	
<b>Online Learning Resources- WGBH</b>	<a href="https://www.wgbh.org/foundation/wgbh-to-provide-prek-12-distance-learning-support-for-students-in-massachusetts">https://www.wgbh.org/foundation/wgbh-to-provide-prek-12-distance-learning-support-for-students-in-massachusetts</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Other	WGBH To Provide PreK-12 Distance Learning Support For Students In Massachusetts
<b>Target</b>	<a href="https://www.target.com/">https://www.target.com/</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Health / Medical; Food / Meals	Target is dedicating an hour each week for the elderly and those with underlying health concerns – who are the most most vulnerable to COVID-19 – to shop. Please call your local store to learn more or visit the website.
<b>Unemployment - Massachusetts</b>	<a href="https://www.mass.gov/applying-for-unemployment-benefits">https://www.mass.gov/applying-for-unemployment-benefits</a>	Boston; Western; Central; Northeast; Metro West; Southeast	(617) 626-6800	Financial	If you've lost your job or have had your hours greatly reduced, you may qualify for unemployment benefits. Unemployment guidelines have been modified due to COVID-19 to provide additional assistance in some cases.
<b>Walgreens - Rx Delivery</b>	<a href="https://www.walgreens.com/topic/pharmacy/prescription-delivery.jsp">https://www.walgreens.com/topic/pharmacy/prescription-delivery.jsp</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Health / Medical; Food / Meals	Please call your local store or visit the website to learn more.
<b>Walmart</b>	<a href="https://www.walmart.com/store/finder?location=02061&amp;distance=50">https://www.walmart.com/store/finder?location=02061&amp;distance=50</a>	Boston; Western; Central; Northeast; Metro West; Southeast		Health / Medical; Food / Meals	Accepts SNAP and EBT. Please visit the website or call your local store to learn more about delivery services.
<b>Comcast</b>	<a href="https://www.xfinity.com/wifi">https://www.xfinity.com/wifi</a>	Boston; Western; Central; Northeast; Metro West; Southeast; New Jersey; Rhode Island	1-855-846-8376	Other	Comcast will also be pausing their data plans. There will be no disconnects or late fees.
<b>Dept. of Education Resources</b>	<a href="http://www.doe.mass.edu/covid19/ed-resources.html">http://www.doe.mass.edu/covid19/ed-resources.html</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island		Other	Resources from Dept. of Education

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<b>Disaster Distress Helpline</b>		Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey	800-985-5990	Health / Medical	This is a National hotline for immediate crisis counseling for people experiencing emotional distress from a disaster including the COVID-19 outbreak. It is open 24 hours, 7 days a week, all year.
<b>Alcohol Addiction Apps</b>	<a href="https://www.addictionampuses.com/alcohol/apps-for-recovery/">https://www.addictionampuses.com/alcohol/apps-for-recovery/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Health / Medical; Other	<a href="https://www.sobergrid.com/howitworks">https://www.sobergrid.com/howitworks</a>
<b>Alcoholics Anonymous Online Meeting Directory</b>	<a href="https://www.aaonlinemeeting.net/">https://www.aaonlinemeeting.net/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	
<b>Assurance Wireless</b>	<a href="https://www.assurancewireless.com/">https://www.assurancewireless.com/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey	1-888 321-5880	Other	<p>Assurance Wireless is a federal Lifeline Assistance program brought to you by Virgin Mobile. Lifeline is a government assistance program. The Assurance Wireless offer provides eligible low-income free monthly data, unlimited texting, and free monthly minutes. Plus a free phone.</p> <p>Qualifications: Enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. You may qualify if you are on certain public assistance programs, like Medicaid or Supplemental Nutrition Assistance Program (SNAP). You can also qualify based on your household income.</p> <p>Proof of Eligibility: You must provide proof of program participation or proof of income.</p> <p>One Account per Household: The Lifeline Assistance program is available for only one wireless or wireline account per household. Separate households that live at the same address are eligible, including residents of homeless shelters and nursing homes. Residents with temporary addresses are also eligible.</p>
<b>At-Home Exercises &amp; Stretches</b>	<a href="#">At-Home Exercises &amp; Stretches</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Health / Medical; Social Isolation; Other	In light of the current COVID-19 situation, several gyms have closed to promote social distancing. In this video, two of our MGH Sports Medicine Physical Therapists provide body weight exercises and stretches to help you stay active and healthy



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<b>Comcast- Free Internet for Low Income Residents</b>	<a href="https://www.internetessentials.com/">https://www.internetessentials.com/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	Comcast is giving up to 2 months of free internet to low-income families due to Covid-19 since many schools are closing and having online classes. They can sign up through this website: <a href="https://www.internetessentials.com/">https://www.internetessentials.com/</a>
<b>DAV- Covid Unemployment Relief</b>	<a href="https://www.dav.org/covidrelief/">https://www.dav.org/covidrelief/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Financial	For Service-connected disabled veterans who have lost employment as a direct result of the COVID-19 pandemic are eligible. This includes veterans who are self-employed as contractors or small business owners.
<b>Feeding America</b>	<a href="https://www.feedingamerica.org/">https://www.feedingamerica.org/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Food / Meals	Find your local food bank
<b>National Alliance on Mental Illness- online and in-person support options- Covid-19</b>	<a href="https://namimass.org/online-and-phone-support-options/">https://namimass.org/online-and-phone-support-options/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Health / Medical; Other	
<b>National Center for Learning Disabilities (NCLD)- Tips for parents</b>	<a href="https://www.nclld.org/wp-content/uploads/2020/03/A-Parents-Guide-to-Virtual-Learning-4-Actions-To-Improve-your-Childs-Experience-with-Online-Learning.pdf?emci=b9ea8a01-7b73-ea11-a94c-00155d03b1e8&amp;emdi=26a7a02d-2174-ea11-a94c-00155d03b1e8&amp;ceid=316066">https://www.nclld.org/wp-content/uploads/2020/03/A-Parents-Guide-to-Virtual-Learning-4-Actions-To-Improve-your-Childs-Experience-with-Online-Learning.pdf?emci=b9ea8a01-7b73-ea11-a94c-00155d03b1e8&amp;emdi=26a7a02d-2174-ea11-a94c-00155d03b1e8&amp;ceid=316066</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	National Center for Learning Disabilities (NCLD), best practices for serving students with disabilities in online settings.
<b>Online Dance Classes</b>	<a href="https://www.latimes.com/entertainment-arts/story/2020-03-24/online-dance-classes-guide-options">https://www.latimes.com/entertainment-arts/story/2020-03-24/online-dance-classes-guide-options</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other; Social Isolation	
<b>Online Learning for Students with special needs</b>	<a href="https://www.cotting.org/2020/03/13/specialedonlin roundup/">https://www.cotting.org/2020/03/13/specialedonlin roundup/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	Online Resources for Families and Educators of Students with Special Needs

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<b>Online Learning Resource- Virtual School Lessons</b>	<a href="https://docs.google.com/spreadsheets/d/19neeL_YewxllgddX6eeRvefbW2Zth-QKSCHyyh-QSoo/edit?fbclid=IwAR2mWWhsSmlXZvS0XovN1854G3zTIKAhS0myjz1jHBAJEER9FNhG0Uzy_KE#gid=0">https://docs.google.com/spreadsheets/d/19neeL_YewxllgddX6eeRvefbW2Zth-QKSCHyyh-QSoo/edit?fbclid=IwAR2mWWhsSmlXZvS0XovN1854G3zTIKAhS0myjz1jHBAJEER9FNhG0Uzy_KE#gid=0</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	The Harvard Graduate School of Education has compiled a "Virtual School" lesson plan database for teachers and families, organized by the age group of students.
<b>Online Learning Resources</b>	<a href="https://qz.com/1819166/how-to-teach-your-kids-at-home/">https://qz.com/1819166/how-to-teach-your-kids-at-home/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	The attached link has many educational links for "resources for parents and children cooped up at home".
<b>Online Learning Resources</b>	<a href="https://tiltparenting.com/">https://tiltparenting.com/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	
<b>Online Learning Resources</b>	<a href="https://www.ednavigator.com/resources/">https://www.ednavigator.com/resources/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	
<b>Online Learning Resources- Boston Children's Museum</b>	<a href="https://www.bostonchildrensmuseum.org/learning-resources">https://www.bostonchildrensmuseum.org/learning-resources</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	
<b>Online Learning Resources- Fun Free Educational Websites for Kids</b>	<a href="https://www.verywellfamily.com/best-free-educational-websites-for-kids-3129084">https://www.verywellfamily.com/best-free-educational-websites-for-kids-3129084</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	These 17 free educational websites for kids are fun while offering online teaching games, printables, videos, and so much more.
<b>Online Yoga Classes</b>	<a href="https://www.4cornersyogawellness.com/">https://www.4cornersyogawellness.com/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Health / Medical; Other	Free classes. Registration needed.
<b>Schwan's</b>	<a href="https://www.schwans.com/">https://www.schwans.com/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Food / Meals	Visit website and download the App. You will need a credit, debit or gift card to use this site (Note many items may be unavailable due to availability in the stores and there may be delays or cancellations of deliveries due to high demand). Available for online ordering or through Schwan's Delivery App [does accept EBT]



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<b>Senior Exercise and Workout links</b>	<a href="https://go4life.nia.nih.gov/">https://go4life.nia.nih.gov/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Health / Medical; Social Isolation	
<b>Stories Read Online for Children</b>	<a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Other	Storyline Online has a host of interesting and well-known folks reading books out loud for children.
<b>Text "TalkWithUs" to 66746</b>		Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey	Text 66746	Other	Disaster Distress HelpLine Text Messaging Grief and Counseling Support
<b>Tips for keeping hands hydrated and healthy</b>	<a href="https://www.youtube.com/watch?v=SCaL04AOWDU&amp;feature=youtu.be">https://www.youtube.com/watch?v=SCaL04AOWDU&amp;feature=youtu.be</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Health / Medical	Handwashing often with soap and water for at least 20 seconds is a key step to helping to prevent illness. The director of Massachusetts General Hospital's Dermatology Laser and Cosmetic Center, Mathew Avram, MD, offers tips on how to keep your skin from becoming dry and cracked.
<b>Virtual Substance Use Recovery Services</b>	<a href="https://www.myrecover.com/">https://www.myrecover.com/</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Health / Medical	Virtual substance use recovery services, 24/7 support
<b>WHO: How to handwash? With soap and water</b>	<a href="https://www.youtube.com/watch?time_continue=1&amp;v=3PmVJQUcm4E&amp;feature=emb_logo">https://www.youtube.com/watch?time_continue=1&amp;v=3PmVJQUcm4E&amp;feature=emb_logo</a>	Boston; Western; Central; Northeast; Metro West; Southeast; Rhode Island; New Jersey		Health / Medical	Audio Visual Instructions to accommodate various Learning styles.
<b>Mental Health and Wellness Tips</b>	<a href="https://energyresources.com/blog/mental-health-wellness-covid-19/">https://energyresources.com/blog/mental-health-wellness-covid-19/</a>	Boston; Western; Central; Northeast; Southeast; Metro West; Rhode Island; New Jersey		Health / Medical	
<b>Virtual and Live-Streamed Fitness Classes</b>	<a href="https://thephoenix.org/virtual/">https://thephoenix.org/virtual/</a>	Boston; Western; Central; Northeast; Southeast; Metro West; Rhode Island; New Jersey		Health / Medical	
<b>Narcotics Anonymous Online Meetings</b>	<a href="https://virtual-na.org/">https://virtual-na.org/</a>	Boston; Western; Central; Southeast; Northeast; Metro West; Rhode Island; New Jersey		Other; Health / Medical	

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<b>SMART Recovery Resources</b>	<a href="http://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/">http://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/</a>	Boston; Western; Northeast; Central; Metro West; Southeast; New Jersey; Rhode Island		Other; Health / Medical	SMART Recovery Online (SROL) is a warm and caring online community where our participants interact and help one another recover from addictive behaviors. Features include: daily online meetings, message board, and 24/7 live chat.
<b>Online Learning Resources- Cosmic Kids</b>	<a href="https://www.cosmickids.com/">https://www.cosmickids.com/</a>	Boston; Western; Northeast; Central; Metro West; Southeast; Rhode Island; New Jersey		Other	
<b>Online Learning Resources- New England Aquarium</b>	<a href="https://www.neaq.org/blog/">https://www.neaq.org/blog/</a>	Boston; Western; Northeast; Metro West; Central; Southeast; Rhode Island; New Jersey		Other	See blogs and virtual visits with the New England Aquarium
<b>Manage Anxiety &amp; Stress</b>	<a href="https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html">https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html</a>	New Jersey; Western; Central; Northeast; Metro West; Southeast; Boston; Rhode Island		Health / Medical	The outbreak of coronavirus disease 2019 (COVID-19) may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with stress will make you, the people you care about, and your community stronger.
<b>Soup Kitchen 411</b>	<a href="https://soupkitchen411.com/">https://soupkitchen411.com/</a>	New Jersey; Western; Central; Northeast; Metro West; Southeast; Boston; Rhode Island		Food / Meals	
<b>Stop and Shop</b>	<a href="https://stopandshop.com/">https://stopandshop.com/</a>	Northeast; Western; Central; Metro West; Southeast; Boston	978-837-6660	Food / Meals	Senior hours from 6:00 - 7:30 AM.
<b>Project Bread- Food Source Hotline</b>		Western; Central; Northeast; Metro West; Southeast; Boston	800-645-8333	Food / Meals	Food Pantry referral agency for all cities and towns.  The Hotline will continue to operate Monday-Friday, 8am-7pm and Saturdays 10am-2pm, and can provide information in 160 languages. There is also a dedicated line for those that are hearing impaired. These resources will be updated continuously as new information becomes available.
<b>Postmates</b>	<a href="http://www.postmates.com">http://www.postmates.com</a>	Western; Central; Northeast; Metro West; Southeast; Boston; Rhode Island; New Jersey		Food / Meals	Grocery Delivery Service, visit the website and download the App. You will need a credit, debit or gift card to use these sites (Note many items may be unavailable due to availability in the stores and there may be delays or cancellations of deliveries due to high demand).

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Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Shaws</b>	<a href="https://www.shaws.com/">https://www.shaws.com/</a>	Western; Southeast; Boston; Metro West; Northeast; Central		Food / Meals	Offering seniors only shopping hours everyday from 7:00 - 8:00 AM.  Please visit the website to find your local store.
<b>Littleton Council on Aging</b>		Central	978-540-2474	Financial; Housing	
<b>Loaves and Fishes Food Pantry</b>		Central	978-722-4627	Food / Meals	234 Barnum Road, Devens, MA. Drive through service. Open Wednesday, Friday and Saturday. Call for exact hours.
<b>Market Basket in Littleton, MA</b>		Central	978-486-0828	Food / Meals	Open for Seniors and Disabled on Tuesday, Wednesday and Friday from 5:30 a.m. - 7:00 a.m.
<b>Minuteman Senior Services</b>		Central	781-272-7177	Food / Meals; Financial	
<b>Northbridge Senior Center</b>		Central	508-234-2002	Food / Meals; Financial	
<b>Roche Brothers in Acton</b>		Central	978-263-0404	Food / Meals	Open for Seniors Monday through Saturdays from 7:00 a.m. - 8:00 a.m.
<b>Salvation Army Milford, MA</b>		Central	508-473-0786	Food / Meals	29 Congress St. All are welcome. Food Bank open Monday - Thursday from 9:00 a.m. - 3:00 p.m.
<b>Tri-Valley, Inc.</b>		Central	508-949-6640	Food / Meals	
<b>Upton Food Pantry</b>		Central	508-529-3192	Food / Meals	Open the 2nd and 4th Tuesday. Call for hours of operation.

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foodpantries.org	<a href="https://www.foodpantries.org">https://www.foodpantries.org</a>	New Jersey		Food / Meals	Listing for New Jersey food pantries
NJ County Veterans Services	<a href="https://www.nj.gov/military/veterans/services/visit/">https://www.nj.gov/military/veterans/services/visit/</a>	New Jersey	908-704-6329	Food / Meals; Health / Medical; Financial; Housing; Social Isolation	
NJ Meals On Wheels	<a href="https://www.mealsonwheelsnorthjersey.org/">https://www.mealsonwheelsnorthjersey.org/</a>	New Jersey		Food / Meals	
NJ Senior Services	<a href="https://www.state.nj.us/nj/community/senior/">https://www.state.nj.us/nj/community/senior/</a>	New Jersey		Other	
NJ social services	<a href="https://www.co.somerset.nj.us/government/affiliated-agencies/social-services">https://www.co.somerset.nj.us/government/affiliated-agencies/social-services</a>	New Jersey	908-526-880	Emergency Services (Fire, Police, etc.); Social Isolation; Housing; Financial; Health / Medical; Food / Meals	
NJ VA Healthcare System	<a href="https://www.newjersey.va.gov/">https://www.newjersey.va.gov/</a>	New Jersey		Food / Meals; listing of all New Jersey VA healthcare locations and amenities. Site also includes updates on providers, services and site updates.	
NJ.Gov	<a href="#">For New Jersey Housing sites</a>	New Jersey		Food / Meals; Education and government updates regarding COVID-19	

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Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Unemployment - New Jersey</b>	<a href="https://myunemployment.nj.gov/">https://myunemployment.nj.gov/</a>	New Jersey	201-601-4100	Financial	<p>North New Jersey: 201-601-4100</p> <p>Central New Jersey: 732-761-2020</p> <p>South New Jersey: 856-507-2340</p> <p>Out-of-state claims: 888-795-6672 (you must call from a phone with an out-of-state area code)</p> <p>New Jersey Relay: 7-1-1</p>
<b>All Saints Food Pantry</b>	<a href="https://www.allsaintsverhill.org/food-pantry">https://www.allsaintsverhill.org/food-pantry</a>	Northeast	978-372-7721	Food / Meals	
<b>Apple Village Park</b>		Northeast		Food / Meals	Any child 18 and under can receive a complete nutritious bagged lunch & breakfast. Please note this is a to-go option and meals may not be consumed at the pick up locations.
<b>Bedford Neighbor Brigade</b>	<a href="https://app.betterimpact.com/PublicOrganization/86d1d0f0-1088-4f97-8288-1f7dfa8d8f26/1">https://app.betterimpact.com/PublicOrganization/86d1d0f0-1088-4f97-8288-1f7dfa8d8f26/1</a>	Northeast	781-526-5269.	Food / Meals; Social Isolation; Other	Bedford Neighbor Brigade is a volunteer network of over 200 volunteers standing by to offer care and comfort to individuals and families in temporary crisis in our community. At this time, they are available to deliver meals, offer dog walks and run errands. Bedford Chapter Leader Amy Mason at BedfordMA@neighborbrigade.org or 781-526-5269. The Bedford Neighbor Brigade reports that volunteers who will be helping with this effort will have a valid background check, have completed a Food Handler Training and COVID-19 training.
<b>Bedford Temporary Food Bank</b>	<a href="https://www.bedfordma.gov/bedfordfoodbank">https://www.bedfordma.gov/bedfordfoodbank</a>	Northeast	781-918-4328	Food / Meals	Temporary Food Bank established to assist residents during COVID-19. Drive through pick-up at the John Glenn Middle School. Every Friday for the time being. Serving school-aged children/families in need (2- 6 p.m.), previously identified vulnerable seniors and veterans; including all Bedford Green residents, and existing clients of the Bedford Food Pantry (2- 6 p.m.)
<b>Beverly High School</b>		Northeast		Food / Meals	Monday- Friday 10:30-12:30 Any child 18 and under can receive a complete nutritious bagged lunch & breakfast. Please note this is a to-go option and meals may not be consumed at the pick up locations.

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Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Bread and Roses Soup Kitchen</b>	<a href="http://www.breadandroseslawrence.org/">http://www.breadandroseslawrence.org/</a>	Northeast	978-681-8768	Food / Meals	Bread and Roses Soup Kitchen (978-681-8768) in 58 Newbury Street, Lawrence has closed its dining room to guests. Instead it is providing bagged lunches during evening hours from 5:00 – 7:00 p.m. and on Saturdays. It is not necessary to call. Anyone in need of this service may just go to Bread and Roses during those hours.
<b>City of Methuen Senior Center</b>	<a href="https://www.cityofmethuen.net/senior-center">https://www.cityofmethuen.net/senior-center</a>	Northeast	978-983-8825	Food / Meals; Social Isolation	
<b>Community Action, Inc. Greater Haverhill Community Services</b>	<a href="https://www.communityactioninc.org/">https://www.communityactioninc.org/</a>	Northeast	978-373-1971	Health / Medical; Food / Meals; Financial; Housing	CAI's offices at 3 Washington Square are closed to the general public until further notice with the following exception: Document drop-off is available at the main office, 1st floor, for all programs, Monday–Friday, 8:30 a.m.– 4:30 p.m. See the CAI website for more information about program updates.
<b>Community Teamwork Inc. (CTI)</b>	<a href="https://www.commteam.org/">https://www.commteam.org/</a>	Northeast	978-654-5607	Food / Meals; Financial; Housing	Please visit the website to learn more about emergency programming. All buildings will be closed, but staff is available by phone, email and in extreme circumstances to meet with clients on an appointment-only basis. You may also email at covidresponsecti@commteam.org.
<b>Elder Services of the Merrimack Valley</b>	<a href="Http://www.elderservicesofthemerrimackvalley.com">Http://www.elderservicesofthemerrimackvalley.com</a>	Northeast	978-683-7747	Health / Medical; Food / Meals; Social Isolation	They will continue to offer daily updates regarding services during the Covid-19 epidemic on their web site.
<b>Emmaus Inc.</b>	<a href="https://emmausinc.org/">https://emmausinc.org/</a>	Northeast	978-241-3400	Housing	The Emmaus office is closed to the public at this time. However, the phone number to contact in case of a housing emergency for shelter possibilities is 978-241-3400. Employees are reporting to work and will assist you over the phone.
<b>Food for the World</b>	<a href="https://www.foodfortheworld.org/contact.html">https://www.foodfortheworld.org/contact.html</a>	Northeast	978-683-9949	Food / Meals	Food pantry at 516 Essex St, Lawrence, MA. Mon - Fri, 9 - 11 AM
<b>General Information for Danvers, MA residents</b>	<a href="mailto:mcarleo@danversma.gov">email mcarleo@danversma.gov</a>	Northeast	978-777-0001	Financial; Other; Food / Meals; Health / Medical	The site provides a list of local restaurants that are offering take out and delivery services. The listing is available under Food Resources. You can find details on relief for businesses and employers, and other resources.

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<b>Lazurus House</b>	<a href="https://lazarushouse.org/">https://lazarushouse.org/</a>	Northeast	978-689-8575	Food / Meals	Food Pantry - "Groceries to Go" - Wednesdays – 9 – 2 PM 242 Hampshire Street, Lawrence 01840  Soup Kitchen "Meals to Go" for Breakfast and Lunch: M – F, 8:30 – 9:30 AM, 11:30 AM – 1 PM 412 Hampshire Street, Lawrence, MA 01841
<b>Lynn Public Schools</b>	<a href="https://www.lynnschools.org">https://www.lynnschools.org</a>	Northeast		Food / Meals	Breed Middle School and Classical High School providing lunch for students between the hours of 11 am and 1 pm
<b>Merrimack Valley Food Bank's Grocery Delivery</b>	<a href="https://mvfb.org/programs/mobile-pantry/">https://mvfb.org/programs/mobile-pantry/</a>	Northeast	978-454-7272	Food / Meals	
<b>Methodist Pantry</b>		Northeast	978-683-9947	Food / Meals	
<b>Methuen Police</b>	<a href="https://www.cityofmethuen.net/police-department">https://www.cityofmethuen.net/police-department</a>	Northeast	978-983-8698	Emergency Services (Fire, Police, etc.)	
<b>Mystic Valley Elder Services</b>	<a href="https://www.mves.org">https://www.mves.org</a>	Northeast	781-324-7705	Food / Meals	Daily updates via website for changes or modifications to provided services.
<b>Online portal for Salem Residents</b>	<a href="https://www.salem.com/together">https://www.salem.com/together</a>	Northeast		Food / Meals	City Hall has a landing page on its website, called Salem Together. The page can be found at salem.com/together It provides resources for residents amid the coronavirus pandemic, while offering those who have the means to help an opportunity to lend a helping hand to their neighbors.
<b>Open Pantry of Greater Lowell</b>	<a href="http://theopenpantry.org/">http://theopenpantry.org/</a>	Northeast	978-453-6693	Food / Meals	13 Hurd Street, Lowell, MA. Hours: M, W, Th, & F - 9 AM - 12 PM; Tues. - 9 AM - Noon & 5 - 7:30 PM
<b>Operation Stay Safe- City of Salem Veterans Council</b>		Northeast	978-745-0883	Food / Meals	The City of Salem Veterans Council and the North Shore Coalition have jointly launched Operation Stay Safe and will be giving out free washable daily face covers to any North Shore veteran. Contact Kim Emerling City of Salem Director of Veterans' Services/Salem Veterans Council

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					978 – 745-0883 or Al Yee North Shore Veterans' Coalition 978-825-7207.
<b>Salem Together Assistance &amp; Recovery Toolkit</b>	<a href="https://www.salem.com/START">https://www.salem.com/START</a>	Northeast		Housing; Financial	"Mortgage deferral is available for some Salem homeowners and START grants are available to support income-eligible residential renters and microenterprises during the current crisis. Program information and applications can be found at salem.com/START."
<b>Salvation Army-Northshore</b>	<a href="http://northshoresalvationarmy.com/">http://northshoresalvationarmy.com/</a>	Northeast		Food / Meals	The Salvation Army food pantry is still operating. Mondays, Wednesdays and Fridays from 9:00 - 11:00 those in need can go to the back door for assistance. Based on supplies each household will receive food once every two weeks. Pantry is open to Salem, Peabody and Marblehead residents
<b>The Lowell Senior Center</b>	<a href="https://www.lowellma.gov/373/Senior-Center">https://www.lowellma.gov/373/Senior-Center</a>	Northeast	978-674-1172	Food / Meals	276 Broadway St, Lowell Take Out Breakfast from 7-9 AM daily and Take Out Lunch at 10-11:30 AM daily for people age 60+ There are several options for online ordering and grocery deliveries. The Senior Center may be able to help you set up online grocery orders by phone calling 978- 674-1172.
<b>Town of Bedford</b>	<a href="https://www.bedfordma.gov/">https://www.bedfordma.gov/</a>	Northeast	781-275-6507	Health / Medical; Food / Meals; Social Isolation; Other	Up-to date information re- Town response to COVID-19 and resources
<b>Town of Bedford Council on Aging</b>	<a href="https://www.bedfordma.gov/council-on-aging">https://www.bedfordma.gov/council-on-aging</a>	Northeast	781-275-6825	Health / Medical; Food / Meals; Financial; Social Isolation; Other; Housing	Town Social Workers can assist with ensuring individuals have food security; Information accessing financial supports such as SNAP, unemployment, MassHealth, and utility assistance; General support for coping with anxiety; Outreach calls for residents who are experiencing isolation; Getting residents connected with Health and Mental Health providers.
<b>Weekend Food Bag Program</b>	<a href="https://www.peabodyproperties.com/35-Park-Street-Beverly-MA-01915">35 Park Street, Beverly, MA 01915</a>	Northeast	978-927-1561	Food / Meals	The Weekend Food Bag program provides meals for kids in need of food on the weekends. Families with school-aged children will be able to come to the Food Pantry every week. Daily food distribution to Beverly Residents as well for those without children. New clients must complete intake form. Hours of operation are: Monday, Thursday and Friday – 10:00 am – 2:00 pm Tuesday - 2:00 pm – 6:00pm Wednesday – 10:00 am – 6:00pm



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Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Food Sites - Rhode Island</b>	<a href="https://health.ri.gov/diseases/ncov2019/about/foodsites/">https://health.ri.gov/diseases/ncov2019/about/foodsites/</a>	Rhode Island	401-222-5960	Food / Meals	Due to the closure of schools, free "Grab and Go" meals are available (March 16th - March 20th) for children throughout Rhode Island. New sites are still being added so please check back or contact your school district or charter school for more options. All of these sites are operating on the same basis, which is that anyone aged 18 or under who shows up gets a free meal. There are no ID or residency requirements, but the child must be present; schools cannot give a meal to an adult on behalf of a child.  Phone: 401-222-5960, After Hours Phone: 401-276-8046
<b>Mental Health</b>	<a href="https://health.ri.gov/diseases/ncov2019/">https://health.ri.gov/diseases/ncov2019/</a>	Rhode Island	800-985-5590	Health / Medical	If your feeling stressed or unable to cope with your stress, please contact the Disaster Distress Help line at 1-800-985-5590 or text TALKWITHUS to 66746
<b>Rhode Island Community Food Bank</b>	<a href="https://rifoodbank.org/find-food">https://rifoodbank.org/find-food</a>	Rhode Island	401-942-6325	Food / Meals	Stop and Shop Gift Certificates will be available beginning March 18th. Call for more information.
<b>RI Behavioral Health Link</b>	<a href="https://bhlink.org">https://bhlink.org</a>	Rhode Island	401-414-5465	Health / Medical; Social Isolation; Emergency Services (Fire, Police, etc.)	Triage Center provides immediate psychiatric and clinical assessment, emergency medication prescribing, and system navigation, including addiction services.
<b>RI Community Action</b>	<a href="https://tricountyri.org/services/seniors-disabled-adults/">https://tricountyri.org/services/seniors-disabled-adults/</a>	Rhode Island	401-709-2635	Food / Meals	Statewide call 401.462.4444 or 2-1-1 anytime
<b>RI Cumberland Senior Center</b>	<a href="https://www.cumberlandri.org/senior-center/">https://www.cumberlandri.org/senior-center/</a>	Rhode Island	401-334-2555	Food / Meals; Other	
<b>RI DOH COVID-19</b>	<a href="https://health.ri.gov/diseases/ncov2019/">https://health.ri.gov/diseases/ncov2019/</a>	Rhode Island	401-222-8022	Health / Medical; Emergency Services (Fire, Police, etc.)	After hours dial 2-1-1
<b>RI Meals on Wheels</b>	<a href="http://www.rimeals.org/">http://www.rimeals.org/</a>	Rhode Island	(401)351-6700	Food / Meals	Cumberland 401-766-3734

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Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Temporary Disability Insurance / Unemployment</b>	<a href="http://www.dlt.ri.gov/">http://www.dlt.ri.gov/</a>	Rhode Island	401-462-8000	Financial	Review website for newly waived requirements.
<b>Unemployment - Rhode Island</b>	<a href="http://www.dlt.ri.gov/ui/">http://www.dlt.ri.gov/ui/</a>	Rhode Island	401-243-9100	Financial	COVID-related UI claims are processed faster and can be more generous than TDI/TCI if you are out of work due to COVID-19
<b>Braintree Department of Elder Affairs (Braintree Council on Aging)</b>	<a href="https://braintreema.gov/154/Elder-Affairs">https://braintreema.gov/154/Elder-Affairs</a>	Southeast	781-848-1963	Food / Meals	Call for updated information as it is changing day to day. Partnering with Marge Crispin Center in Braintree.
<b>Braintree Food Pantry</b>	<a href="https://www.braintreefoodpantry.org/">https://www.braintreefoodpantry.org/</a>	Southeast	781-277-1609	Food / Meals	Braintree Food Pantry distribution through Grace Church at 14 Storrs Ave in Braintree. Providing grocery gift cards and assistance running errands. Must sign up through this link if interested and must come in person: <a href="https://thatsgrace.org/help-landing-page/">https://thatsgrace.org/help-landing-page/</a>
<b>Braintree School System</b>	<a href="http://www.braintreeschools.org/">http://www.braintreeschools.org/</a>	Southeast	781-380-0130	Food / Meals	Braintree Public Schools will be providing bag breakfasts and lunches for students who are enrolled within the school system, K-12, Monday-Friday from 10:00 a.m. to noon beginning March 16, 2020 at Ross School and Hollis School
<b>Bristol Elder Services</b>	<a href="https://www.bristolelder.org/">https://www.bristolelder.org/</a>	Southeast	508-675-2101	Food / Meals	
<b>Brockton Area Multi Service Program</b>	<a href="http://www.bamsi.org/">http://www.bamsi.org/</a>	Southeast	508-584-4357	Health / Medical; Food / Meals; Financial; Housing; Social Isolation; Other	BAMSI (Brockton Area Multi-Services, Inc.) is a private, non-profit human services organization providing services to adults and children with developmental disabilities, mental illness, behavioral health, and public health needs.
<b>Brown Bag</b>		Southeast	508-824-9595	Food / Meals	Provides free groceries for low income adult 60+ years of age. The program is held at St. Thomas Episcopal Church 111 High Street Taunton, MA
<b>Canton Council on Aging</b>	<a href="https://www.town.canton.ma.us/council-on-aging">https://www.town.canton.ma.us/council-on-aging</a>	Southeast	781-828-1323	Food / Meals	

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<b>Citizens for Citizens</b>	<a href="http://cfcinc.org/">http://cfcinc.org/</a>	Southeast	508-679-0041	Health / Medical; Food / Meals; Financial; Housing	Please visit the website to find the phone number for the program you are interested in.  Food Access ONLY on Monday's, Wednesday's, & Friday's (9 am-NOON) NO BUILDING ACCESS-Groceries through the Window ONLY
<b>City of Brockton COVID-19 Updates</b>	<a href="https://brockton.ma.us/covid19/">https://brockton.ma.us/covid19/</a>	Southeast		Other	Cities Webpage re- COVID-19 response
<b>City of Brockton Resource Page</b>	<a href="https://brockton.ma.us/residents/resources/">https://brockton.ma.us/residents/resources/</a>	Southeast		Health / Medical; Food / Meals; Financial; Housing; Social Isolation; Other	City of Brockton Community Resource Directory
<b>Coastline Elderly Services</b>	<a href="http://coastlinenb.org">http://coastlinenb.org</a>	Southeast	508-999-6400	Food / Meals; Financial	
<b>Community Counseling of Bristol County, INC</b>	<a href="https://www.communitycounselling.org">https://www.communitycounselling.org</a>	Southeast	508-828-9116	Food / Meals	Community Mental Health Services
<b>Germantown Neighborhood Center Food Pantry (Quincy)</b>	<a href="https://ssymca.org/germantown">https://ssymca.org/germantown</a>	Southeast	617-376-1384	Food / Meals	Curbside pick-up for food Wednesdays/Fridays 8:30 a.m.- 12:00 noon. Call or go online for updates. New clients must bring photo ID and proof of Quincy residency.
<b>Hanover Council on Aging</b>	<a href="https://www.hanover-ma.gov/council-on-aging">https://www.hanover-ma.gov/council-on-aging</a>	Southeast	781-924-1913	Food / Meals; Social Isolation	As of 3/19 still delivering Meals on Wheels and providing transportation services. Call for updated information.
<b>Hanover Emergency Food Pantry</b>		Southeast	781-826-6485	Food / Meals	Pick up location: The First Baptist Church of Hanover, 580 Webster Street. Currently serving persons/families in need providing a 3-days' supply of food, plus staples, based on the number of immediate family members. Call phone number above for hours.
<b>Hanover Public Schools</b>	<a href="http://www.hanoverschools.org">http://www.hanoverschools.org</a>	Southeast	781-878-0786	Food / Meals	Hanover Public Schools will provide food supplies to students currently receiving a meal benefit. Call 781-878-0786, ext. 6100 for more details.

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<b>Henry Burkland Elementary School</b>	<a href="https://www.npfkxhga.org/viewform">NPFkXHGA/viewform</a>	Southeast		Food / Meals	Grab and go meal site for Middleboro residents. Serving breakfast and lunch from 9:00-10:00 a.m.
<b>HESSCO</b>	<a href="https://hessco.org/">https://hessco.org/</a>	Southeast	781-784-4944	Food / Meals	As the Aging Services Access Point (ASAP) and Area Agency on Aging (AAA) for South Norfolk County in Massachusetts, HESSCO's mission is to help older adults and individuals living with a disability remain safe and independent at home for as long as possible.
<b>Interfaith Social Services-Pantry Shelf</b>	<a href="https://interfaithsocialservices.org">https://interfaithsocialservices.org</a>	Southeast	617-773-6203	Food / Meals	Quincy location: 105 Adams Street. As of 3/19, food pantry is open-curb side pick-up only. Call phone number for more details.
<b>Lakeville Council on Aging</b>	<a href="https://www.lakevillemma.org/council-aging">https://www.lakevillemma.org/council-aging</a>	Southeast	508-947-7224	Health / Medical; Food / Meals	Providing transportation for food shopping and medical appointments.
<b>Marge Crispin Center</b>	<a href="http://www.margecrispincenter.com">http://www.margecrispincenter.com</a>	Southeast	781-848-2124	Food / Meals	
<b>Meals on Wheels Coastline NB</b>	<a href="https://coastlinenb.org/elderly-nutrition-program/?gclid=CjwKC_AjwsMzzBRACEiwAx4L_G6us1_x4NchTQDEgdi-pV118yLUnA-gQVn4uOqWXmNwNb_AzwSC-sxoCt8EQAvD_BwE">https://coastlinenb.org/elderly-nutrition-program/?gclid=CjwKC_AjwsMzzBRACEiwAx4L_G6us1_x4NchTQDEgdi-pV118yLUnA-gQVn4uOqWXmNwNb_AzwSC-sxoCt8EQAvD_BwE</a>	Southeast	508-9996400	Food / Meals	Coastline New Bedford is waiving requirements to participate in the Meals on Wheels program.
<b>Middleboro Council on Aging</b>	<a href="https://www.middleborough.com/210/Council-on-Aging">https://www.middleborough.com/210/Council-on-Aging</a>	Southeast	508-946-2490	Food / Meals	Providing transportation for food shopping and medical appointments.
<b>New Bedford School Department</b>	<a href="http://www.newbedfordschools.org/">http://www.newbedfordschools.org/</a>	Southeast		Food / Meals	There is a video message for parents. "Grab and Go" meals are available for PK-12 students Monday through Friday between 11:30 am and 1:00 pm There are links for distance learning.
<b>Old Colony Elder Services</b>	<a href="https://www.ocesma.org/">https://www.ocesma.org/</a>	Southeast	508-584-1561	Food / Meals	Call 508-584-1561 for phone consultations.

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Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Quincy Community Action Program (QCAP)</b>	<a href="https://www.qcap.org/">https://www.qcap.org/</a>	Southeast	617-479-8181	Food / Meals; Financial; Housing	
<b>Quincy Council on Aging</b>	<a href="https://www.quincyma.gov">https://www.quincyma.gov</a>	Southeast	617-376-1506	Other	Volunteer match to meet the needs of isolated seniors; telephone assistance for SNAP application, census forms (COA agency building is closed but employees are answering the phone and also calling members to check on them and ask what their needs are).
<b>Quincy Family Resource Center</b>	<a href="https://quincyfamilyrc.org/">https://quincyfamilyrc.org/</a>	Southeast	617-481-7227	Food / Meals; Social Isolation; Housing; Financial; Other	See attachment- Basic Needs Resources. Email: QuincyFRC@baystatecs.org. They also have virtual support groups during Covid-19
<b>Rite Aid</b>	<a href="https://www.riteaid.com/shop/">https://www.riteaid.com/shop/</a>	Southeast		Health / Medical	Offers home delivery for some medication orders. Please contact the Pharmacy (1) one day before re-fill in order to schedule delivery (MUST have 2 or more prescriptions filled for delivery)  Fall River - 508-679-1838
<b>Self Help Inc.</b>		Southeast	(508) 588-0447	Food / Meals; Health / Medical; Financial; Housing; Social Isolation	Self Help, Inc. is a nonprofit Community Action Agency (CAA) created to help low-income families and individuals stabilize and secure their lives through education, strategic assistance, and building on opportunities in their communities.
<b>Sharon Council on Aging</b>	<a href="https://www.townofsharon.net/council-on-aging">https://www.townofsharon.net/council-on-aging</a>	Southeast	781-784-8000	Health / Medical; Food / Meals	Providing transportation to local grocery stores and social work consultations.
<b>South Shore Elder Services</b>	<a href="https://www.sselder.org">https://www.sselder.org</a>	Southeast	781-848-3910	Food / Meals	
<b>South Shore Women's Resource Center</b>	<a href="https://www.thesswrc.org">https://www.thesswrc.org</a>	Southeast	508-746-2664	Other	Community-based domestic violence program providing free emergency services, counseling, support and advocacy to residents of Plymouth county. Call 508-746-2664 M-F, business hours or 1-888-746-2664, toll-free 24-hour hotline.
<b>St. Vincent De Paul Food Pantry</b>	<a href="https://svdpusa.org">https://svdpusa.org</a>	Southeast	508-823-6676	Food / Meals	Call to schedule an appointment to pick up food 508-823-6676. No walk-ins.

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Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Street Sheet 2020</b>		Southeast		Food / Meals; Financial; Housing; Health / Medical; Other	STREET SHEET provided by Meals on Wheels/Coastline. Every Resource number for the South Coast area Food Pantries, Health & Medical, Substance Abuse, Veterans Assistance, Free Meal sites/times, Support, Legal, general info
<b>Taunton Area Community Table (TACT)</b>	<a href="https://tactmealcenter.org/">https://tactmealcenter.org/</a>	Southeast	508-386-3807	Food / Meals	Will providing "To Go" meals on Monday, Tuesday, and Wednesday from 11:15am-12:30 pm and Saturday 9:00am-11:00am. TACT 378 Bay Street Taunton. MA
<b>Taunton Public Schools -Ongoing Meals</b>	<a href="https://www.tauntonschools.org/">https://www.tauntonschools.org/</a>	Southeast	508-821-1100	Food / Meals	The TPS will be making "grab and go" breakfasts and lunch boxes available to any Taunton public school student. There will be four drive-thru locations, Parker Middle, Martin Middle, Mulcahey Elementary, and Hopewell Elementary. Breakfast 8:00am-8:30am and Lunch is 12:00pm-12:45pm.
<b>The Charity Guild - Food Pantry</b>	<a href="https://www.thecharityguild.org/">https://www.thecharityguild.org/</a>	Southeast	508-583-5280	Food / Meals	501 Main St. Brockton, MA 508-583-5280. Tuesday's, Wednesday's, & Thursday's 10 am- NOON (ARRIVE EARLY). MUST BRING-Photo ID and Proof of residency
<b>Town of Braintree Website</b>	<a href="https://braintreema.gov/">https://braintreema.gov/</a>	Southeast	781-794-8000	Health / Medical; Food / Meals; Financial; Housing; Social Isolation; Emergency Services (Fire, Police, etc.)	
<b>Town of Hanover Website</b>	<a href="https://www.hanover-ma.gov/">https://www.hanover-ma.gov/</a>	Southeast	781-826-5000	Health / Medical; Food / Meals; Financial; Housing; Social Isolation; Emergency Services (Fire, Police, etc.)	
<b>Behavioral Health Network (BHN)</b>	<a href="https://www.bhninc.org/">https://www.bhninc.org/</a>	Western	413-737-2439	Health / Medical	Monday- Friday, 7am-7pm.
<b>Mental Health Association</b>	<a href="https://www.mhainc.org">https://www.mhainc.org</a>	Western	844-642-9355	Health / Medical; Social Isolation	If interested in receiving virtual therapy (TeleWell) services please call 844-642-9355. You can access this service through your smartphone, tablet or computer.

# Resident Resource Guide



Title	Website	Region(s) Served	Phone Number	Assistance	Notes
<b>Open Pantry Community Services</b>	<a href="https://www.openpantry.org/">https://www.openpantry.org/</a>	Western	413-737-5354	Food / Meals	Located at 2460 Main Street, Springfield. For more information call 413-737-5354.
<b>Springfield Pharmacy</b>		Western	413-266-3462	Food / Meals	Located at 2547 Main Street, Springfield. Free home delivery and packaging. Please contact 413-266-3462. Spanish Speaking Staff available.
<b>Springfield Public Schools/ Breakfast &amp; Lunch (Pick-up sites for Springfield youth)</b>	<a href="https://www.springfieldpublicschools.com/news/News/coronavirus_update">https://www.springfieldpublicschools.com/news/News/coronavirus_update</a>	Western		Food / Meals	Any children 18 or under is eligible for these meals and no identification, registration or address is required. Service is grab-n-go style from 11 a.m. to 1 p.m. Monday-Friday until school resumes. Grab-n-Go meals will be served at Bowles, Chestnut Middle School, Commerce, Dorman, Glickman, Indian Orchard, Kensington, Liberty, Lincoln, Rebecca Johnson, South End, Talmage, Warner and Washington. Meals also available to persons with disabilities, over age 18, who participates in school programs who are mentally or physically disabled. Students may attend any school they are near, it does not need to be the school where they are enrolled.